LEARN TO DIVE
Spring 2019

Prerequisites:
Participant must be able to tread water for 2 minutes, swim 25 yards unassisted and dive from the side of the pool into deep water.

Participants will learn Basic Fundamental Diving Skills and will learn basic dives of the 1 meter and 3 meter springboards.

Each diver is given individual instruction that is appropriate for his/her skill level.

The aim of this program is to teach children how to dive in a fun, safe, and exciting environment.

Ages: 6-16 years old

Session 1: Tuesday (6-7pm) Jan 8—Feb 5 (No class 1/22) Registration: Dec 21– Jan 1
Session 2: Tuesday (6-7pm) Mar 5—Mar 26 (No class 3/19) Registration: Feb 8–25
Session 3: Tuesday (6-7pm) Apr 9—Apr 23 Registration: Mar 29-31
Session 4: Tuesday (6-7pm) May 14—June 4 Registration: May 3-5

Class Fees:
Spring Session 1: $40
Spring Session 2: $30
Spring Session 3: $30
Spring Session 4: $40

No Drop-ins allowed

1921 W Gate City Blvd, Greensboro, NC 27403 (336) 315-8498